



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Riechel, Mario

Total time: 1:44:59

Club: 1. Eichsfelder Sportclub e.V Team TriSicherung®

Number: 654

Course: 33.50 km

Rank in course/Total: 49 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 45 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 5(of 6)

Senioren 1 TM Jg.40

Best time in the category: 1:14:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:32	19:03	3	1:27	17	2:21	0.50	9:32	19:03	7	1:27	55	2:21
Wechsel S -> R	-	1:00	-	1	-	10	0:16	0.50	10:32	21:03	7	1:19	55	2:29
Schwimmen Total	0.50	10:32	21:03	7	1:19	55	2:29	0.50	10:32	21:03	7	1:19	55	2:29
Rad netto	28.00	59:35	2:07	5	13:28	39	14:34	28.50	1:10:07	2:27	7	14:47	55	16:29
Wechsel R -> L	-	0:56	-	4	0:22	24	0:26	28.50	1:11:03	2:29	7	15:09	55	16:54
Radfahren Total	28.00	1:00:31	2:09	5	13:50	38	14:59	28.50	1:11:03	2:29	7	15:09	55	16:54
Lauf	5.00	33:56	6:47	6	15:28	52	16:04	33.50	1:44:59	3:08	5	30:37	45	32:58