



# Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

## Detailed evaluation

**Taube, Ingo**

**Total time: 1:45:46**

Club: Bremke

Number: 671

Course: 33.50 km

Rank in course/Total: 51 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 47 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 6(of 6)

Senioren 1 TM Jg.40

Best time in the category: 1:14:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:32	23:03	5	3:27	41	4:21	0.50	11:32	23:03	7	3:27	55	4:21
Wechsel S -> R	-	1:27	-	4	0:27	26	0:43	0.50	12:59	25:57	7	3:46	55	4:56
Schwimmen Total	0.50	12:59	25:57	7	3:46	55	4:56	0.50	12:59	25:57	7	3:46	55	4:56
Rad netto	28.00	1:04:01	2:17	6	17:54	49	19:00	28.50	1:17:00	2:42	7	21:40	55	23:22
Wechsel R -> L	-	0:41	-	2	0:07	11	0:11	28.50	1:17:41	2:43	7	21:47	55	23:32
Radfahren Total	28.00	1:04:42	2:18	6	18:01	48	19:10	28.50	1:17:41	2:43	7	21:47	55	23:32
Lauf	5.00	28:05	5:36	5	9:37	44	10:13	33.50	1:45:46	3:09	6	31:24	47	33:45