



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Taube, Ingo

Total time: 1:45:46

Club: Bremke

Number: 671

Course: 33.50 km

Rank in course/Total: 51 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 47 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 6(of 6)

Senioren 1 TM Jg.40

Best time in the category: 1:14:22

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 11:32 | 23:03 | 5 | 3:27 | 41 | 4:21 | 0.50 | 11:32 | 23:03 | 7 | 3:27 | 55 | 4:21 |
| Wechsel S -> R | - | 1:27 | - | 4 | 0:27 | 26 | 0:43 | 0.50 | 12:59 | 25:57 | 7 | 3:46 | 55 | 4:56 |
| Schwimmen Total | 0.50 | 12:59 | 25:57 | 7 | 3:46 | 55 | 4:56 | 0.50 | 12:59 | 25:57 | 7 | 3:46 | 55 | 4:56 |
| Rad netto | 28.00 | 1:04:01 | 2:17 | 6 | 17:54 | 49 | 19:00 | 28.50 | 1:17:00 | 2:42 | 7 | 21:40 | 55 | 23:22 |
| Wechsel R -> L | - | 0:41 | - | 2 | 0:07 | 11 | 0:11 | 28.50 | 1:17:41 | 2:43 | 7 | 21:47 | 55 | 23:32 |
| Radfahren Total | 28.00 | 1:04:42 | 2:18 | 6 | 18:01 | 48 | 19:10 | 28.50 | 1:17:41 | 2:43 | 7 | 21:47 | 55 | 23:32 |
| Lauf | 5.00 | 28:05 | 5:36 | 5 | 9:37 | 44 | 10:13 | 33.50 | 1:45:46 | 3:09 | 6 | 31:24 | 47 | 33:45 |