



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon
Bodenfelde / 10.09.2016

Detailed evaluation

Roppel, Mariya

Total time: 1:46:40

Club: Jedes Training zählt
Number: 655

Course: 33.50 km
Carboo4u Triathlon Challenge

Rank in course/Total: 53 (of 67)
Rank in course/Women: 5 (of 13)
Best time in course: 1:28:42

Category:
AK 3 TW Jg. 30

Rank in category: 1(of 1)
Best time in the category: 1:46:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:39	23:18	1	-	9	1:28	0.50	11:39	23:18	1	-	14	1:28
Wechsel S -> R	-	1:26	-	1	-	3	0:05	0.50	13:05	26:10	1	-	14	1:27
Schwimmen Total	0.50	13:05	26:10	1	-	14	1:27	0.50	13:05	26:10	1	-	14	1:27
Rad netto	28.00	1:05:20	2:19	1	-	6	12:01	28.50	1:18:25	2:45	1	-	6	13:18
Wechsel R -> L	-	1:11	-	1	-	8	0:35	28.50	1:19:36	2:47	1	-	6	13:21
Radfahren Total	28.00	1:06:31	2:22	1	-	6	12:04	28.50	1:19:36	2:47	1	-	6	13:21
Lauf	5.00	27:04	5:24	1	-	4	4:37	33.50	1:46:40	3:11	1	-	5	17:58