



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon
Bodenfelde / 10.09.2016

Detailed evaluation

Herrenpower

Total time: 1:27:48

Club: Herrenpower
Number: 685

Course: 33.50 km
Carboo4u Triathlon Challenge Staffel

Rank in course/Total: 3 (of 8)
Rank in course/Men: 2 (of 4)
Best time in course: 1:23:04

Category:
Männerstaffel

Rank in category: 2(of 4)
Best time in the category: 1:23:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:01	16:02	1	-	1	-	0.50	8:01	16:02	1	-	1	-
Wechsel S -> R	-	0:29	-	1	-	1	-	0.50	8:30	17:00	1	-	1	-
Schwimmen Total	0.50	8:30	17:00	1	-	1	-	0.50	8:30	17:00	1	-	1	-
Rad netto	28.00	54:37	1:57	2	2:41	2	2:41	28.50	1:03:07	2:12	2	0:33	2	0:33
Wechsel R -> L	-	0:32	-	3	0:03	3	0:03	28.50	1:03:39	2:14	2	0:36	2	0:36
Radfahren Total	28.00	55:09	1:58	2	2:44	2	2:44	28.50	1:03:39	2:14	2	0:36	2	0:36
Lauf	5.00	24:09	4:49	2	4:08	2	4:08	33.50	1:27:48	2:37	2	4:44	2	4:44