



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon Bodenfelde / 10.09.2016

Detailed evaluation

Jedes Training zählt

Club: Jedes Training zählt
Number: 701

Course: 33.50 km

Carboo4u Triathlon Challenge Staffel

Category:

Mixedstaffel

Total time: 1:31:12

Rank in course/Total: 4 (of 8)

Rank in course/Total: 2 (of 4)

Best time in course: 1:22:12

Rank in category: 1(of 3)

Best time in the category: 1:31:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	8:56	17:52	3	0:23	3	0:23	0.50	8:56	17:52	3	0:23	3	0:23
Wechsel S -> R	-	0:32	-	1	-	1	-	0.50	9:28	18:56	3	0:19	3	0:19
Schwimmen Total	0.50	9:28	18:56	3	0:19	3	0:19	0.50	9:28	18:56	3	0:19	3	0:19
Rad netto	28.00	56:58	2:02	1	-	2	7:20	28.50	1:06:26	2:19	1	-	5	4:21
Wechsel R -> L	-	0:28	-	2	0:02	2	0:02	28.50	1:06:54	2:20	1	-	5	4:18
Radfahren Total	28.00	57:26	2:03	1	-	2	7:17	28.50	1:06:54	2:20	1	-	5	4:18
Lauf	5.00	24:18	4:51	1	-	2	4:42	33.50	1:31:12	2:43	1	-	2	9:00