



# Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

## Detailed evaluation

Winter, Michaela

Total time: 1:51:30

Club: Katlenburg

Number: 676

Course: 33.50 km

Rank in course/Total: 58 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Women: 8 (of 13)

Best time in course: 1:28:42

Category:

Rank in category: 2(of 2)

AK 1 TW Jg. 20

Best time in the category: 1:28:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women						Pos Women	Behind Women
Schwimmen nett	0.50	11:26	22:52	2	0:59	6	1:15	0.50	11:26	22:52	2	0:59	14	1:15
Wechsel S -> R	-	1:37	-	2	0:16	6	0:16	0.50	13:03	26:06	2	1:15	14	1:25
Schwimmen Total	0.50	13:03	26:06	2	1:15	14	1:25	0.50	13:03	26:06	2	1:15	14	1:25
Rad netto	28.00	1:08:36	2:26	2	15:17	10	15:17	28.50	1:21:39	2:51	2	16:32	9	16:32
Wechsel R -> L	-	1:07	-	1	-	6	0:31	28.50	1:22:46	2:54	2	16:31	9	16:31
Radfahren Total	28.00	1:09:43	2:29	2	15:16	10	15:16	28.50	1:22:46	2:54	2	16:31	9	16:31
Lauf	5.00	28:44	5:44	2	6:17	6	6:17	33.50	1:51:30	3:19	2	22:48	8	22:48