



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Keuns, Bennet

Total time: 1:53:51

Club: Tricity 2001 e.V.

Number: 679

Course: 33.50 km

Rank in course/Total: 3 (of 3)

Carboo4u Triathlon Jugend A

Rank in course/Men: 3 (of 3)

Best time in course: 1:30:23

Category:

Rank in category: 3(of 3)

Jugend A TM 16/17

Best time in the category: 1:30:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:32	25:03	3	4:18	3	4:18	0.50	12:32	25:03	3	4:18	3	4:18
Wechsel S -> R	-	2:39	-	3	1:23	3	1:23	0.50	15:11	30:22	3	5:41	3	5:41
Schwimmen Total	0.50	15:11	30:22	3	5:41	3	5:41	0.50	15:11	30:22	3	5:41	3	5:41
Rad netto	28.00	1:02:39	2:14	3	7:47	3	7:47	28.50	1:17:50	2:43	3	11:40	3	11:40
Wechsel R -> L	-	1:22	-	3	0:42	3	0:42	28.50	1:19:12	2:46	3	12:22	3	12:22
Radfahren Total	28.00	1:04:01	2:17	3	8:06	3	8:06	28.50	1:19:12	2:46	3	12:22	3	12:22
Lauf	5.00	34:39	6:55	3	11:06	3	11:06	33.50	1:53:51	3:23	3	23:28	3	23:28