



# Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

## Detailed evaluation

**Siebert, Kirsten**

**Total time: 1:58:52**

Club: Triathlon SC Bad Münden  
Number: 665

Course: 33.50 km  
Carboo4u Triathlon Challenge

Rank in course/Total: 63 (of 67)  
Rank in course/Women: 11 (of 13)  
Best time in course: 1:28:42

Category:  
Seniorinnen 4 TW Jg. 55

Rank in category: 1(of 1)  
Best time in the category: 1:58:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:11	22:22	1	-	4	1:00	0.50	11:11	22:22	1	-	14	1:00
Wechsel S -> R	-	2:43	-	1	-	13	1:22	0.50	13:54	27:48	1	-	14	2:16
Schwimmen Total	0.50	13:54	27:48	1	-	14	2:16	0.50	13:54	27:48	1	-	14	2:16
Rad netto	28.00	1:12:51	2:36	1	-	13	19:32	28.50	1:26:45	3:02	1	-	12	21:38
Wechsel R -> L	-	1:54	-	1	-	13	1:18	28.50	1:28:39	3:06	1	-	12	22:24
Radfahren Total	28.00	1:14:45	2:40	1	-	13	20:18	28.50	1:28:39	3:06	1	-	12	22:24
Lauf	5.00	30:13	6:02	1	-	10	7:46	33.50	1:58:52	3:32	1	-	11	30:10