



5. Creuzburger Stadtlauf  
Creuzburg / 25.06.2016

Detailed evaluation

Herrmann, Maik

Club: Laufftreff Arnstadt  
Number: 564

Course: 13.70 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:06:14

Speed: 11.78 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 31 (of 110)

Rank in course/Men: 30 (of 81)

Best time in course: 52:44

Rank in category: 3(of 5)

Best time in the category: 1:04:36