



5. Creuzburger Stadtlauf
Creuzburg / 25.06.2016

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt
Number: 578

Course: 13.70 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:08:03

Speed: 11.46 km/h
Running performance: 4:58 min/km

Rank in course/Total: 37 (of 110)

Rank in course/Men: 36 (of 81)

Best time in course: 52:44

Rank in category: 6(of 11)

Best time in the category: 57:50