



## 5. Creuzburger Stadtlauf

Creuzburg / 25.06.2016

### Detailed evaluation

**Münch, Heiko**

Club: sc impuls Erfurt

Number: 355

Course: 13.70 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:16:23

Speed: 10.21 km/h

Running performance: 5:35 min/km

Rank in course/Total: 66 (of 110)

Rank in course/Men: 53 (of 81)

Best time in course: 52:44

Rank in category: 8(of 12)

Best time in the category: 57:55