



5. Creuzburger Stadtlauf  
Creuzburg / 25.06.2016

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiss 90 Creuzburg  
Number: 378

Course: 13.70 km  
Hauptlauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:21:22

Speed: 9.59 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 81 (of 110)

Rank in course/Men: 63 (of 81)

Best time in course: 52:44

Rank in category: 1(of 1)

Best time in the category: 1:21:22