



5. Creuzburger Stadtlauf

Creuzburg / 25.06.2016

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg

Number: 348

Course: 13.70 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:34:20

Speed: 8.27 km/h

Running performance: 6:53 min/km

Rank in course/Total: 101 (of 110)

Rank in course/Men: 76 (of 81)

Best time in course: 52:44

Rank in category: 11(of 11)

Best time in the category: 57:50