



5. Creuzburger Stadtlauf
Creuzburg / 25.06.2016

Detailed evaluation

Pokahr, Viola

Club: Sonntagsläufer Tambach-Dietharz
Number: 395

Course: 13.70 km

Hauptlauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:04:25

Speed: 6.27 km/h

Running performance: 9:05 min/km

Rank in course/Total: 110 (of 110)

Rank in course/Women: 29 (of 29)

Best time in course: 1:05:38

Rank in category: 5(of 5)

Best time in the category: 1:08:27