



5. Creuzburger Stadtlauf  
Creuzburg / 25.06.2016

Detailed evaluation

Fleißing, Arne

Club: Rot-Weiß Krauthausen  
Number: 709

Course: 5.00 km  
Kurzdistanz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 24:03

Speed: 12.47 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 8 (of 35)

Rank in course/Men: 7 (of 21)

Best time in course: 19:10

Rank in category: 1(of 3)

Best time in the category: 24:03