



5. Creuzburger Stadtlauf
Creuzburg / 25.06.2016

Detailed evaluation

Spör, Sebastian

Club: Ifta

Number: 721

Course: 5.00 km

Kurzdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 26:01

Speed: 11.53 km/h

Running performance: 5:12 min/km

Rank in course/Total: 19 (of 35)

Rank in course/Men: 15 (of 21)

Best time in course: 19:10

Rank in category: 2(of 2)

Best time in the category: 21:39