



5. Creuzburger Stadtlauf
Creuzburg / 25.06.2016

Detailed evaluation

Prenzel, Heidi

Club: FfL 28 Ellrich
Number: 704

Course: 5.00 km
Kurzdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 34:01

Speed: 8.82 km/h
Running performance: 6:48 min/km

Rank in course/Total: 32 (of 35)
Rank in course/Women: 12 (of 14)
Best time in course: 22:26

Rank in category: 1(of 2)
Best time in the category: 34:01