



5. Creuzburger Stadtlauf

Creuzburg / 25.06.2016

Detailed evaluation

Sauerbrei, Rainer

Club: Eisenach

Number: 557

Course: 13.70 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:50

Speed: 13.49 km/h

Running performance: 4:13 min/km

Rank in course/Total: 5 (of 110)

Rank in course/Men: 5 (of 81)

Best time in course: 52:44

Rank in category: 1(of 11)

Best time in the category: 57:50