



5. Creuzburger Stadtlauf
Creuzburg / 25.06.2016

Detailed evaluation

Prenzel, Dieter

Club: VfL 28 Ellrich
Number: 575

Course: 13.70 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 59:09

Speed: 13.90 km/h
Running performance: 4:19 min/km

Rank in course/Total: 8 (of 110)

Rank in course/Men: 7 (of 81)

Best time in course: 52:44

Rank in category: 2(of 12)

Best time in the category: 57:55