



5. Creuzburger Stadtlauf  
Creuzburg / 25.06.2016

Detailed evaluation

Prenzel, Dieter

Club: VfL 28 Ellrich  
Number: 575

Course: 13.70 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 59:09

Speed: 13.19 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 8 (of 110)

Rank in course/Men: 7 (of 81)

Best time in course: 52:44

Rank in category: 2(of 12)

Best time in the category: 57:55