



5. Creuzburger Stadtlauf

Creuzburg / 25.06.2016

Detailed evaluation

Siemon, Thomas

Club: SV Blau-Weiß 90 Creuzburg

Number: 359

Course: 13.70 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:00:31

Speed: 12.89 km/h

Running performance: 4:25 min/km

Rank in course/Total: 11 (of 110)

Rank in course/Men: 11 (of 81)

Best time in course: 52:44

Rank in category: 3(of 12)

Best time in the category: 57:55