



5. Creuzburger Stadtlauf
Creuzburg / 25.06.2016

Detailed evaluation

Gernke, Markus

Club: Werratal-Runners
Number: 560

Course: 13.70 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:25

Speed: 12.70 km/h
Running performance: 4:29 min/km

Rank in course/Total: 14 (of 110)

Rank in course/Men: 14 (of 81)

Best time in course: 52:44

Rank in category: 2(of 10)

Best time in the category: 1:00:42