



5. Creuzburger Stadtlauf  
Creuzburg / 25.06.2016

Detailed evaluation

Zscharnt, Ina

Club: DAV Inselberg  
Number: 391

Course: 5.00 km  
Kurzdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 52:04

Speed: 5.76 km/h  
Running performance: 10:25 min/km

Rank in course/Total: 35 (of 35)  
Rank in course/Women: 14 (of 14)

Best time in course: 22:26

Rank in category: 2(of 2)  
Best time in the category: 34:01