



# 1. Crosslauf Frauensee

Frauensee / 10.07.2016

## Detailed evaluation

**Leser, Reiner**

Club: SV 1930 Frauensee

Number: 2

Course: 8.21 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 40:22

Speed: 11.89 km/h

Running performance: 4:55 min/km

Rank in course/Total: 11 (of 35)

Rank in course/Men: 10 (of 25)

Best time in course: 33:02

Rank in category: 1(of 2)

Best time in the category: 40:22