



1. Crosslauf Frauensee

Frauensee / 10.07.2016

Detailed evaluation

Schmidt, Sandra

Club: Laufftreff Breitungen

Number: 18

Course: 8.21 km

Hauptlauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 44:48

Speed: 10.71 km/h

Running performance: 5:28 min/km

Rank in course/Total: 14 (of 35)

Rank in course/Women: 3 (of 10)

Best time in course: 40:04

Rank in category: 1(of 4)

Best time in the category: 44:48