



1. Crosslauf Frauensee

Frauensee / 10.07.2016

Detailed evaluation

Lorenz, Annett

Club: Sole Runners Bad Salzungen

Number: 13

Course: 8.21 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 52:35

Speed: 9.13 km/h

Running performance: 6:24 min/km

Rank in course/Total: 29 (of 35)

Rank in course/Women: 10 (of 10)

Best time in course: 40:04

Rank in category: 2(of 2)

Best time in the category: 51:24