



1. Crosslauf Frauensee

Frauensee / 10.07.2016

Detailed evaluation

Walch, Fredy

Club: Rhöner WSV

Number: 21

Course: 8.21 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 35:29

Speed: 13.53 km/h

Running performance: 4:19 min/km

Rank in course/Total: 5 (of 35)

Rank in course/Men: 5 (of 25)

Best time in course: 33:02

Rank in category: 1(of 7)

Best time in the category: 35:29