



2. Erfurter Campuslauf Erfurt / 23.06.2016

Detailed evaluation

Schäfer, Martin

Club: Fachhochschule Jena
Number: 160

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:55

Speed: 11.56 km/h
Running performance: 5:11 min/km

Rank in course/Total: 25 (of 47)

Rank in course/Men: 22 (of 35)

Best time in course: 33:41

Rank in category: 5(of 5)

Best time in the category: 33:41

Control	Intermediate times						Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Halbe Runde	1.00	4:43	4:43	4	1:42	22	1:42	1.00	4:43	4:43	4	1:42	22	1:42
Runde	1.00	5:10	5:10	4	1:49	25	1:50	2.00	9:53	4:56	4	3:31	22	3:31
Halbe Runde	1.00	4:55	4:55	4	1:42	23	1:42	3.00	14:48	4:56	4	5:13	21	5:13
Runde	1.00	5:25	5:25	4	1:58	25	1:58	4.00	20:13	5:03	4	7:11	22	7:11
Halbe Runde	1.00	5:10	5:10	5	1:52	24	1:52	5.00	25:23	5:04	4	9:03	22	9:03
Runde	1.00	5:35	5:34	5	2:06	22	2:06	6.00	30:58	5:09	4	11:09	22	11:09
Halbe Runde	1.00	5:18	5:17	5	1:54	22	1:54	7.00	36:16	5:10	4	13:03	22	13:03
Runde	1.00	5:33	5:32	5	2:00	22	2:00	8.00	41:49	5:13	5	15:03	23	15:03
Halbe Runde	1.00	5:07	5:06	4	1:43	19	1:44	9.00	46:56	5:12	5	16:46	22	16:46
Finish	1.00	4:59	4:59	4	1:28	15	1:32	10.00	51:55	5:11	5	18:14	22	18:14