



2. Erfurter Campuslauf  
Erfurt / 23.06.2016

Detailed evaluation

Ungewitter, Luise

Club: Erfurt  
Number: 139

Course: 10.00 km  
Hauptlauf

Category:  
Frauen (20-29 Jahre)

Total time: 53:18

Speed: 11.26 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 27 (of 47)  
Rank in course/Women: 4 (of 12)  
Best time in course: 42:07

Rank in category: 3(of 8)  
Best time in the category: 42:07

| Control     | Intermediate times |            |              |          |             |           |              |          | Stage score |              |          |             | Total ranking |              |  |  |
|-------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|-------------|--------------|----------|-------------|---------------|--------------|--|--|
|             | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time  | Total min/km | Pos Cat. | Behind Cat. | Pos Women     | Behind Women |  |  |
| Halbe Runde | 1.00               | 4:38       | 4:38         | 3        | 0:36        | 4         | 0:36         | 1.00     | 4:38        | 4:38         | 3        | 0:36        | 4             | 0:36         |  |  |
| Runde       | 1.00               | 5:10       | 5:10         | 3        | 0:53        | 4         | 0:53         | 2.00     | 9:48        | 4:54         | 3        | 1:29        | 4             | 1:29         |  |  |
| Halbe Runde | 1.00               | 5:06       | 5:05         | 3        | 1:04        | 4         | 1:04         | 3.00     | 14:54       | 4:58         | 3        | 2:33        | 4             | 2:33         |  |  |
| Runde       | 1.00               | 5:36       | 5:35         | 3        | 1:15        | 4         | 1:15         | 4.00     | 20:30       | 5:07         | 3        | 3:48        | 4             | 3:48         |  |  |
| Halbe Runde | 1.00               | 5:21       | 5:20         | 3        | 1:15        | 4         | 1:15         | 5.00     | 25:51       | 5:10         | 3        | 5:03        | 4             | 5:03         |  |  |
| Runde       | 1.00               | 5:40       | 5:40         | 3        | 1:20        | 3         | 1:20         | 6.00     | 31:31       | 5:15         | 3        | 6:23        | 4             | 6:23         |  |  |
| Halbe Runde | 1.00               | 5:22       | 5:21         | 3        | 1:12        | 4         | 1:12         | 7.00     | 36:53       | 5:16         | 3        | 7:35        | 4             | 7:35         |  |  |
| Runde       | 1.00               | 5:44       | 5:44         | 3        | 1:20        | 4         | 1:20         | 8.00     | 42:37       | 5:19         | 3        | 8:55        | 4             | 8:55         |  |  |
| Halbe Runde | 1.00               | 5:23       | 5:23         | 3        | 1:15        | 3         | 1:15         | 9.00     | 48:00       | 5:19         | 3        | 10:10       | 4             | 10:10        |  |  |
| Finish      | 1.00               | 5:18       | 5:17         | 3        | 1:01        | 4         | 1:01         | 10.00    | 53:18       | 5:19         | 3        | 11:11       | 4             | 11:11        |  |  |