



2. Erfurter Campuslauf Erfurt / 23.06.2016

Detailed evaluation

Putra, Akbar

Club: FH Erfurt / Indo Runners
Number: 138

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 58:57

Speed: 10.18 km/h
Running performance: 5:54 min/km

Rank in course/Total: 35 (of 47)

Rank in course/Men: 30 (of 35)

Best time in course: 33:41

Rank in category: 17(of 21)

Best time in the category: 33:46

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Halbe Runde	1.00	4:35	4:34	11	1:33	19	1:34	1.00	4:35	4:34	11	1:33	19	1:34
Runde	1.00	5:00	5:00	11	1:40	20	1:40	2.00	9:35	4:47	9	3:13	17	3:13
Halbe Runde	1.00	5:22	5:21	17	2:09	28	2:09	3.00	14:57	4:59	13	5:22	23	5:22
Runde	1.00	6:01	6:00	18	2:33	31	2:34	4.00	20:58	5:14	17	7:55	27	7:56
Halbe Runde	1.00	6:08	6:08	18	2:48	31	2:50	5.00	27:06	5:25	16	10:39	28	10:46
Runde	1.00	6:19	6:18	18	2:48	31	2:50	6.00	33:25	5:34	16	13:27	29	13:36
Halbe Runde	1.00	6:17	6:16	19	2:53	32	2:53	7.00	39:42	5:40	16	16:20	29	16:29
Runde	1.00	6:18	6:17	15	2:44	27	2:45	8.00	46:00	5:45	16	19:04	29	19:14
Halbe Runde	1.00	6:42	6:42	18	3:19	31	3:19	9.00	52:42	5:51	17	22:23	30	22:32
Finish	1.00	6:15	6:15	17	2:48	30	2:48	10.00	58:57	5:53	17	25:11	30	25:16