



2. Erfurter Campuslauf Erfurt / 23.06.2016

Detailed evaluation

Leleran, Renhard Leo

Club: FH Erfurt / Indo Runners
Number: 153

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 1:01:40

Speed: 9.73 km/h
Running performance: 6:10 min/km

Rank in course/Total: 40 (of 47)

Rank in course/Men: 32 (of 35)

Best time in course: 33:41

Rank in category: 19(of 21)

Best time in the category: 33:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Halbe Runde	1.00	4:33	4:32	8	1:31	16	1:32	1.00	4:33	4:32	8	1:31	16	1:32	
Runde	1.00	4:57	4:57	9	1:37	17	1:37	2.00	9:30	4:45	8	3:08	16	3:08	
Halbe Runde	1.00	5:10	5:10	16	1:57	26	1:57	3.00	14:40	4:53	10	5:05	19	5:05	
Runde	1.00	5:35	5:34	16	2:07	26	2:08	4.00	20:15	5:03	13	7:12	23	7:13	
Halbe Runde	1.00	12:04	12:03	21	8:44	35	8:46	5.00	32:19	6:27	20	15:52	34	15:59	
Runde	1.00	6:05	6:04	17	2:34	29	2:36	6.00	38:24	6:23	20	18:26	34	18:35	
Halbe Runde	1.00	5:51	5:50	15	2:27	27	2:27	7.00	44:15	6:19	19	20:53	32	21:02	
Runde	1.00	5:41	5:41	12	2:07	23	2:08	8.00	49:56	6:14	19	23:00	32	23:10	
Halbe Runde	1.00	6:02	6:01	15	2:39	27	2:39	9.00	55:58	6:13	19	25:39	32	25:48	
Finish	1.00	5:42	5:42	14	2:15	25	2:15	10.00	1:01:40	6:09	19	27:54	32	27:59	