



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Möbius, Helmut

Club: Bäckerei Roth
Number: 364

Course: 5.00 km
5km Lauf

Category:
Senioren M40 (40-49 Jahre)

Total time: 32:03

Speed: 9.36 km/h
Running performance: 6:25 min/km

Rank in course/Total: 46 (of 61)

Rank in course/Men: 37 (of 42)

Best time in course: 15:13

Rank in category: 4(of 4)

Best time in the category: 21:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.50	13:48	5:31	3	3:28	21	6:11	2.50	13:48	5:31	3	3:28	21	6:11
Finish	2.50	18:15	7:17	4	7:04	36	18:09	5.00	32:03	6:24	4	10:32	37	16:50