



3. Erfurter Flughafenlauf

Erfurt / 27.08.2016

Detailed evaluation

Mönch, Leon

Club: ELAC

Number: 244

Course: 5.00 km

5km Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 21:48

Speed: 13.76 km/h

Running performance: 4:22 min/km

Rank in course/Total: 22 (of 61)

Rank in course/Men: 20 (of 42)

Best time in course: 15:13

Rank in category: 7(of 7)

Best time in the category: 17:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	10:19	4:07	4	1:36	9	2:42	2.50	10:19	4:07	4	1:36	9	2:42
Finish	2.50	11:29	4:35	4	3:02	15	11:23	5.00	21:48	4:21	7	4:38	20	6:35