



3. Erfurter Flughafenlauf

Erfurt / 27.08.2016

Detailed evaluation

Reichert, Antje

Club: Laufgruppe Fröhlich :-)

Number: 369

Course: 5.00 km

5km Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 28:43

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 35 (of 61)

Rank in course/Women: 6 (of 19)

Best time in course: 18:02

Rank in category: 2(of 10)

Best time in the category: 23:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	13:10	5:15	2	1:36	5	4:17	2.50	13:10	5:15	2	1:36	5	4:17
Finish	2.50	15:33	6:13	4	3:56	9	6:24	5.00	28:43	5:44	2	5:32	6	10:41