



3. Erfurter Flughafenlauf  
Erfurt / 27.08.2016

Detailed evaluation

Remdt, Kerstin

Club: Just for Fun Runners  
Number: 251

Course: 3.00 km  
3km Lauf

Category:  
Seniorinnen W30 (30-39 Jahre)

Total time: 23:45

Speed: 7.58 km/h  
Running performance: 7:55 min/km

Rank in course/Total: 55 (of 55)

Rank in course/Women: 25 (of 25)

Best time in course: 12:13

Rank in category: 4(of 4)

Best time in the category: 17:09