



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Sackmann, Daniel

Club: Erfurt
Number: 372

Course: 5.00 km
5km Lauf

Category:
Senioren M40 (40-49 Jahre)

Total time: 27:36

Speed: 10.87 km/h
Running performance: 5:31 min/km

Rank in course/Total: 33 (of 61)

Rank in course/Men: 29 (of 42)

Best time in course: 15:13

Rank in category: 2(of 4)

Best time in the category: 21:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	13:12	5:16	2	2:52	20	5:35	2.50	13:12	5:16	2	2:52	20	5:35
Finish	2.50	14:24	5:45	2	3:13	25	14:18	5.00	27:36	5:31	2	6:05	29	12:23