



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Böker, Philipp

Club: Erfurt
Number: 336

Course: 5.00 km
5km Lauf

Category:
Senioren M30 (30-39 Jahre)

Total time: 20:27

Speed: 14.67 km/h
Running performance: 4:05 min/km

Rank in course/Total: 16 (of 61)

Rank in course/Men: 15 (of 42)

Best time in course: 15:13

Rank in category: 6(of 17)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	10:14	4:05	3	2:37	8	2:37	2.50	10:14	4:05	3	2:37	8	2:37
Finish	2.50	10:13	4:05	5	10:07	10	10:07	5.00	20:27	4:05	6	5:01	15	5:14