



3. Erfurter Flughafenlauf

Erfurt / 27.08.2016

Detailed evaluation

Straßenmeyer, David

Club: Erfurt
Number: 382

Course: 5.00 km
5km Lauf

Category:
Senioren M30 (30-39 Jahre)

Total time: 20:12

Speed: 14.85 km/h
Running performance: 4:02 min/km

Rank in course/Total: 14 (of 61)

Rank in course/Men: 13 (of 42)

Best time in course: 15:13

Rank in category: 5(of 17)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	20:06	8:02	16	12:29	35	12:29	2.50	20:06	8:02	16	12:29	35	12:29
Finish	2.50	0:06	0:02	1	-	1	-	5.00	20:12	4:02	5	4:46	13	4:59