



### 3. Erfurter Flughafenlauf Erfurt / 27.08.2016

#### Detailed evaluation

**Wohlfeil, Benjamin**

Club: Erfurt  
Number: 392

Course: 5.00 km  
5km Lauf

Category:  
Senioren M30 (30-39 Jahre)

Total time: 23:05

Speed: 13.00 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 23 (of 61)

Rank in course/Men: 21 (of 42)

Best time in course: 15:13

Rank in category: 8(of 17)

Best time in the category: 15:26

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	11:44	4:41	6	4:07	14	4:07	2.50	11:44	4:41	6	4:07	14	4:07
Finish	2.50	11:21	4:32	7	11:15	14	11:15	5.00	23:05	4:36	8	7:39	21	7:52