



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Aniol, Jessica

Club: Bad Berka
Number: 303

Course: 5.00 km
5km Lauf

Category:
Seniorinnen W30 (30-39 Jahre)

Total time: 33:24

Speed: 8.98 km/h
Running performance: 6:41 min/km

Rank in course/Total: 51 (of 61)

Rank in course/Women: 11 (of 19)

Best time in course: 18:02

Rank in category: 6(of 10)

Best time in the category: 23:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	16:13	6:29	7	4:39	13	7:20	2.50	16:13	6:29	7	4:39	13	7:20
Finish	2.50	17:11	6:52	6	5:34	11	8:02	5.00	33:24	6:40	6	10:13	11	15:22