



### 3. Erfurter Flughafenlauf Erfurt / 27.08.2016

#### Detailed evaluation

Grosch, Doreen

Club: RunningBros

Number: 324

Course: 5.00 km

5km Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 35:19

Speed: 8.49 km/h

Running performance: 7:04 min/km

Rank in course/Total: 55 (of 61)

Rank in course/Women: 15 (of 19)

Best time in course: 18:02

Rank in category: 10(of 10)

Best time in the category: 23:11

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	16:12	6:28	6	4:38	12	7:19	2.50	16:12	6:28	6	4:38	12	7:19
Finish	2.50	19:07	7:38	8	7:30	13	9:58	5.00	35:19	7:03	10	12:08	15	17:17