



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Grosch, Doreen

Club: RunningBros
Number: 324

Course: 5.00 km
5km Lauf

Category:
Seniorinnen W30 (30-39 Jahre)

Total time: 35:19

Speed: 8.49 km/h
Running performance: 7:04 min/km

Rank in course/Total: 55 (of 61)
Rank in course/Women: 15 (of 19)
Best time in course: 18:02

Rank in category: 10(of 10)
Best time in the category: 23:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	16:12	6:28	6	4:38	12	7:19	2.50	16:12	6:28	6	4:38	12	7:19
Finish	2.50	19:07	7:38	8	7:30	13	9:58	5.00	35:19	7:03	10	12:08	15	17:17