



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Kappel, Annett

Club: Wasungen
Number: 344

Course: 5.00 km
5km Lauf

Category:
Seniorinnen W30 (30-39 Jahre)

Total time: 35:14

Speed: 8.51 km/h
Running performance: 7:03 min/km

Rank in course/Total: 53 (of 61)

Rank in course/Women: 13 (of 19)

Best time in course: 18:02

Rank in category: 8(of 10)

Best time in the category: 23:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	fehlt!	-	-	-	-	-	2.50	-	-	-	-	-	-
Finish	2.50	35:14	14:05	9	23:37	15	26:05	5.00	35:14	7:02	8	12:03	13	17:12