



### 3. Erfurter Flughafenlauf

Erfurt / 27.08.2016

#### Detailed evaluation

**Kirsch, Andreas**

Club: Erfurt  
Number: 349

Course: 5.00 km  
5km Lauf

Category:  
Senioren M40 (40-49 Jahre)

Total time: 21:31

Speed: 13.94 km/h  
Running performance: 4:18 min/km

Rank in course/Total: 21 (of 61)

Rank in course/Men: 19 (of 42)

Best time in course: 15:13

Rank in category: 1(of 4)

Best time in the category: 21:31

#### Intermediate times

#### Stage score

#### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde   | 2.50        | 10:20         | 4:08            | 1           | -              | 10          | 2:43          | 2.50          | 10:20         | 4:08            | 1           | -              | 10         | 2:43          |
| Finish  | 2.50        | 11:11         | 4:28            | 1           | -              | 13          | 11:05         | 5.00          | 21:31         | 4:18            | 1           | -              | 19         | 6:18          |