



### 3. Erfurter Flughafenlauf

Erfurt / 27.08.2016

#### Detailed evaluation

**König, Jonas**

Club: Q-SOFT GmbH

Number: 353

Course: 5.00 km

5km Lauf

Category:

Männer (20-29 Jahre)

Total time: 29:47

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 41 (of 61)

Rank in course/Men: 33 (of 42)

Best time in course: 15:13

Rank in category: 7(of 9)

Best time in the category: 15:13

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.50	14:37	5:50	4	6:12	25	7:00	2.50	14:37	5:50	4	6:12	25	7:00
Finish	2.50	15:10	6:03	5	6:38	27	15:04	5.00	29:47	5:57	7	14:34	33	14:34