



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Luck, Caroline

Club: SSV Erfurt Nord
Number: 360

Course: 5.00 km
5km Lauf

Category:
Frauen (20-29 Jahre)

Total time: 25:21

Speed: 11.83 km/h
Running performance: 5:04 min/km

Rank in course/Total: 28 (of 61)

Rank in course/Women: 4 (of 19)

Best time in course: 18:02

Rank in category: 3(of 6)

Best time in the category: 18:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	11:29	4:35	3	2:36	3	2:36	2.50	11:29	4:35	3	2:36	3	2:36
Finish	2.50	13:52	5:32	3	4:43	4	4:43	5.00	25:21	5:04	3	7:19	4	7:19