



3. Erfurter Flughafenlauf Erfurt / 27.08.2016

Detailed evaluation

Margraf, Ronny

Club: N3 Sportverein e.V.
Number: 361

Course: 5.00 km
5km Lauf

Category:
Senioren M30 (30-39 Jahre)

Total time: 27:13

Speed: 11.02 km/h
Running performance: 5:26 min/km

Rank in course/Total: 32 (of 61)

Rank in course/Men: 28 (of 42)

Best time in course: 15:13

Rank in category: 13(of 17)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	14:01	5:36	10	6:24	23	6:24	2.50	14:01	5:36	10	6:24	23	6:24
Finish	2.50	13:12	5:16	10	13:06	19	13:06	5.00	27:13	5:26	13	11:47	28	12:00