



## 4. Erfurter Waldlauf und 16. Thüringer Frauenlauf

Erfurt, Steigerwald / 05.06.2016

### Detailed evaluation

**Paus, Veronika**

Club: Bad Berka

Number: 495

Course: 10.00 km

Walking

Category:

Damen

Total time: 1:31:29

Speed: 6.56 km/h

Running performance: 9:09 min/km

Rank in course/Total: 8 (of 12)

Rank in course/Women: 6 (of 10)

Best time in course: 1:23:09

Rank in category: 6(of 10)

Best time in the category: 1:23:09