



## 4. Erfurter Waldlauf und 16. Thüringer Frauenlauf

Erfurt, Steigerwald / 05.06.2016

### Detailed evaluation

Zscharnt, Ina

Club: DAV Inselberg

Number: 177

Course: 10.00 km

Walking

Category:

Damen

Total time: 1:48:54

Speed: 5.51 km/h

Running performance: 10:53 min/km

Rank in course/Total: 10 (of 12)

Rank in course/Women: 8 (of 10)

Best time in course: 1:23:09

Rank in category: 8(of 10)

Best time in the category: 1:23:09