



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

Kernbergeflitzer Jena

Number: 119

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:20:13

Speed: 12.59 km/h

Running performance: 4:44 min/km

Rank in course: 1 (of 29)

Best time in course: 3:20:13

Rank in category: 1(of 16)

Best time in the category: 3:20:13

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Wechselstelle 1 | 9.68 | 49:19 | 5:05 | 7 | 5:15 | 10 | 5:15 | 9.68 | 49:19 | 5:05 | 7 | 5:15 | 10 | 5:15 |
| Wechselstelle 2 | 11.14 | 56:50 | 5:06 | 2 | 0:53 | 3 | 0:53 | 20.82 | 1:46:09 | 5:05 | 3 | 2:33 | 3 | 2:33 |
| Wechselstelle 3 | 9.31 | 44:13 | 4:44 | 1 | - | 1 | - | 30.13 | 2:30:22 | 4:59 | 1 | - | 1 | - |
| Erfurt | 12.10 | 49:51 | 4:07 | 1 | - | 2 | 3:44 | 42.20 | 3:20:13 | 4:44 | 1 | - | 1 | - |