



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

Kernbergeflitzer Jena

Number: 119

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:20:13

Speed: 12.59 km/h

Running performance: 4:44 min/km

Rank in course: 1 (of 29)

Best time in course: 3:20:13

Rank in category: 1(of 16)

Best time in the category: 3:20:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	9.68	49:19	5:05	7	5:15	10	5:15	9.68	49:19	5:05	7	5:15	10	5:15
Wechselstelle 2	11.14	56:50	5:06	2	0:53	3	0:53	20.82	1:46:09	5:05	3	2:33	3	2:33
Wechselstelle 3	9.31	44:13	4:44	1	-	1	-	30.13	2:30:22	4:59	1	-	1	-
Erfurt	12.10	49:51	4:07	1	-	2	3:44	42.20	3:20:13	4:44	1	-	1	-