



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

Lauffreunde Gotha / Marathon-Quartett **Total time: 4:01:08**

Number: 121

Speed: 10.45 km/h

Running performance: 5:43 min/km

Course: 42.20 km

Erfurt Marathon 4er Staffel

Rank in course: 9 (of 29)

Best time in course: 3:20:13

Category:

4er Männerstaffel

Rank in category: 7(of 16)

Best time in the category: 3:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	48:03	4:57	4	3:59	6	3:59	9.68	48:03	4:57	4	3:59	6	3:59
Wechselstelle 2	11.14	1:01:35	5:31	6	5:38	9	5:38	20.82	1:49:38	5:15	4	6:02	4	6:02
Wechselstelle 3	9.31	1:11:23	7:40	15	27:10	26	27:10	30.13	3:01:01	6:00	11	30:39	14	30:39
Erfurt	12.10	1:00:07	4:58	6	10:16	8	14:00	42.20	4:01:08	5:42	7	40:55	9	40:55