



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

Die Dittmars

Number: 7

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 4:09:52

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course: 14 (of 29)

Best time in course: 3:20:13

Rank in category: 11(of 16)

Best time in the category: 3:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	54:18	5:36	12	10:14	15	10:14	9.68	54:18	5:36	12	10:14	15	10:14
Wechselstelle 2	11.14	1:16:31	6:52	13	20:34	20	20:34	20.82	2:10:49	6:16	14	27:13	19	27:13
Wechselstelle 3	9.31	1:03:27	6:48	13	19:14	23	19:14	30.13	3:14:16	6:26	15	43:54	20	43:54
Erfurt	12.10	55:36	4:35	3	5:45	4	9:29	42.20	4:09:52	5:55	11	49:39	14	49:39